

It's not necessarily the amount of time you spend at practice that counts; it's what you put into the practice.

Name _____

Date _____

~Eric Lindros

New In Progress Review for fun Memorize	Assignments	Goal(s) and/or Practice Tips	Days Practiced
N IP R M			O O O O O O O O
N IP R M			O O O O O O O O
N IP R M			O O O O O O O O
N IP R M			O O O O O O O O
N IP R M			O O O O O O O O
N IP R M			O O O O O O O O
N IP R M			O O O O O O O O
Theory			O Done O Not Done
Remember			

Practice rating for last week _____

Practice Reflection

My favorite piece was _____

I still need to work on _____

At my next lesson I need help with _____

A song I would like to be able to play _____

General thoughts on my practice this week _____

Score I would give myself for my practice efforts as per the rating below _____

Practice Rating Scale

- 5 | WOW = exceeded my highest expectations, all goals were met and then some
- 4 | EXCELLENT = all goals were met and progress made by consistent practice
- 3 | NICE = most goals were met but some were not, due to lack of time, goals stated unclearly, or goals were too difficult
- 2 | OK = some goals were met, but practice between lessons was not sufficient for much progress
- 1 | HO HUM = looks like last week's goals will be repeated as little or no practice occurred, and little progress made