Practice Sheet

Date: ________________

My Top Goal(s) for this Week (be specific)

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What I Practiced (list in order from most to least practice — star your favorite)

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Practice Reflection

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Smart practice “tools” I utilized during my practice time (circle all applicable)

Block Chords  
Add-a-note  
Make marks in the score  
“Solfege” sing the melody  
Listen to a CD/YouTube recording  
Metronome  
Record yourself  
Silent/ghost practice  
Sections out of order  
Hands alone then together  
Tap & count  
Chunk  
Half Speed  
Rhythms  
Hand position moves  
Creative repetitions  
Exaggerate  
Really use your ear and focus on your sound  
Backwards practice—work from the end to the beginning  
Other________________________

I still need to work on________________________________________

I performed a well-polished piece for_________________________________

A song I’d like to be able to play_______________________________________

At my next lesson I need help with______________________________________

At my next lesson I would like to begin with________________________________

Potential goal(s) for next week__________________________________________